

1999 03 21 Sunday Ramona Bell Witchcraft (Dreamland)  
Evelyn Paglini

EVELYN PAGLINI  
(with Ramona Bell as host in place of AB)

RB: What can we do to protect ourselves?

EP: Suggests: 1) a cleansing, followed by 2) a shield of protection.

Start with making the 'vibration' of your home your own – get some  
a) sage, b) sulphur, and c) sea salt, or even table salt.

Three (3) levels of defense: 1) sea salt/table salt; 2) sulphur; and 3) black salt "coupled with sage, and then also" get a 'reverse candle' with black on top and red on the bottom.

You "want to remove the negativity" from your environment.

"I would go through the entire home – every room of the house – going up and down, the halls, the doorways, all along the baseboard, all along the top of the ceiling, and I would cleanse the environment."

While doing this, "I would say there is no evil or negativity that can stay within these walls." Do this with your salt, sulphur, and black salt both inside and outside – every room of the house. Also "put it across the threshold" of the doors. Three (3) layers of defense – inside/outside.

"Say out loud and very firmly: 'There is no evil or negativity that can cross this threshold.'"

Next, 'square-off' the bed. Place sea salt and black salt (but not sulphur) around the bed – then again: "State out loud and firmly: 'There is no evil or negativity that can cross this barrier.'"

Once you do the entire home, its vibration will have changed. "Then, so be it, it is done."

You can also use rose geranium, rosemary, myrrh, cleansing, and protective oils to put on the doors and the windows and the sills. "Again, cleansing first, and shield of protection second."

"Then, I'm going to do me. ... Take an image candle (black)" unless you believe someone has done this to you. In that case "I suggest you get a reverse image candle (male or female) – and what you would use is a reverse oil – something that is going to take that negativity that has been

placed upon you, and not only is it going to clean it off you, but it is also going to return it to the sender. ... It would only go to the person if they be guilty.”

RB: “What goes around, comes around.”

EP: “Correct. ... Once I have cleaned my environment and myself, I can go to the next level if I desire.

If I know this is a person and the person doesn’t want to back off, then I know I’m justified in taking care of it.”

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“Then I would re-empower myself – revive and rejuvenate: Find out the areas where it had been affecting me” – finances? relationships? health? ... If finances – “get a green image candles;” if relationships, then use red, “and if it’s health, you’re going to use white ...”

“If you are flighty and not concentrating, and you need to get grounded, then use a brown candle.”

RB: “Um-hmm.”

EP: “If I’m really having problems in my love life, then I’m going to grab pink.”

RB: “With all these images and candles and colors that we’re going for, we have to understand all these colors are natural – they’re of nature – and they’re of the original spectrum of colors.”

EP: “Oh yes (!), they have a vibration and an affinity to what we are desiring and attracting as a goal ... We live and are influenced in color.”

RB: “Absolutely.”

EP: God gave us the spectrum of color. “Everything has a vibration, Ramona, you know that!”

RB: “Absolutely.”

EP: “What you are gathering around you are those essential oils, herbs, extracts, flowers, resins, gums that have as well as the color, the same affinity and vibration in order for you to achieve the goals. Just like now, I mean, it’s time for planting of the garden ...”

RB: “Boy, are we ready! Are we ready to do this!”

RB describes her natural, pesticide-free, “little magical” garden in which grow onions, garlic, rosemary, etc. And artichokes.

EP: A garden sets a vibration and a shield of protection around your home. EP lists the plants for protection. Also describes what she plants to “bring more love around the household.” Also plants for financial success, *e.g.*, mint. “For harmony, I love lobelia. I love flaxseed. I like ‘blessed thistle.’”

“You put your ‘loving plants’ in the bedroom. You put your ‘protective plants’ in near the front door and the back door.” And your health and beauty plants – “for raising of the vibration, I would put in the kitchen, the bedroom, and the bathroom.”

RB: “These are things that can be done inside of window boxes.”

EP: “Bird’s nest fern is excellent for protection, do you know – especially for children.”

RB: “Really?”

EP: “Yes. ... And bromeliads for deflecting negativity, giving you hope, and bringing up your vibration and attracting abundance.” ... “Most people don’t realize that cactus safeguards the home.”

RB: “Uh-huh.”

EP: All ferns safeguard and protect the home. Ivies protect the home, and all succulents bring abundance.”

RB: “Well then, it’s just a matter of finding the right things for your area ....”

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EP: “These are tools that are natural ... Vibrations assist you ... This is not something new ....”

RB: “Absolutely. It’s a very therapeutic way ... The reason why we’re giving you all this: It’s the spring equinox coming up.”

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EP: “The next six, seven years – there’s going to be so much devastation across the world.”

“People have to get back into nature.”

“I would have to say we’re going to get into big-time bartering.”

RB: “Yes. Absolutely.”

“We’re coming to a ‘Great Awakening,’ ladies and gentlemen.”

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RB: “Ramona Bell, coming to you live, hosting Dreamland for the first time – actually, hosting in Art’s spot for the first time ... bringing to you a very special friend and guest, Evelyn Paglini.”

[Asks EP for a short bio to inform stations now joining the program.]

EP: “I’m considered one of the leading authorities on the occult and the supernatural in the United States. I was born into a family of centuries-old practitioners of magic.”

Started at the FRNM – Foundation for the Research into the Nature of Man under Dr. J.B. Rhine and Dr. Helmut Schmidt in Raleigh [sic – not Durham], NC. Became a ‘guinea pig.’ Later EP founded the International Psychics Center, which is a central clearinghouse.

RB: “When you make a wish, you’re actually casting a spell.”

EP: “That is correct.”

RB: “Or if you pray for a particular thing – for someone’s good health, their happiness, their well-being, for removal of pain, for healing – that is also casting a spell.”

EP: Correct. It’s a thought form, and all thought forms have energy, and those energies are either directed or can be created either around the person, who is doing the thinking, or that person, who they are sending it to.”

“Your thoughts you have to be very careful of.”

RB: “Absolutely.” ... “This is something I’ve wanted to ask you: What is the ratio of female practitioners to male practitioners?”

EP: “I would have to say seventy percent (70%) female, thirty (30%) male.”

RB: “Wow! ... Those fellas are falling behind, aren’t they?”

EP: “They certainly are! Remember, we have always been intuitive, and we have always taken care of the hearth, the home, the family, the children – where men are usually objective and into the providing and the protective and the acquiring ... Not to say that men are not very, very good at ritualistic magic, ceremonial magic – they do not usually deal with the

everyday things that women who are into magic do. And again, I'm not going to take away from women, because there are many, many powerful women who I would put up against any man, including myself."

RB: Asks EP about 'image magic.'

EP: It is very good to use imagery to help concentrate.

If you want to attract a certain male, "get a red, male-image candle." If you can, try to make the candle look like the person you want to attract. When you get close to the man, you can jump into "sympathetic magic." Take his hair, an article of his clothing ... and infuse them into the image doll [candle] (!) "Don't move into the next color – pink for love – until we have a rapport, we're dating, we know that we are compatible – and this is the man for me!"

RB: "Oh absolutely! ... But you wanna be absolutely sure, absolutely sure that this is the person you wanna be with before you start any kind of real, deep magic ... !"

EP: Many practitioners out there are using their power negatively ...  
"Knowledge is a double-edged sword."

"I like to teach people how they can change their lives – how they can empower themselves – how they can move energies by the use of natural magic. Those tools are given to us ... My God, they are there for us to use! It's only us who will make the difference, whether it will be positive or negative."

RB: "It's everyone's choice." God gave us free will.

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EP: "I've also been raised as a 'spiritual warrior,' Ramona – maybe it's because I was raised by men."

RB: "Yes."

EP: I was shown not only the positive side, "but how to combat the evil and the negative side."

Basically I'm nice, but there's a difference between me and the Wiccans. "The Wiccans have a creed that says: 'Harm none.' Mine is 'Give me justification, and so be it: It is done.'"

RB: "Yes, yes, and I agree with that. When the time comes that you have to get in there and get your hands dirty for good reason and good cause ..."

EP: "Well, you're mine, honey ... That's it, I will not get off of you."

END (*in medias res*)

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**2002 06 07 Friday**

**No Guest**

**Open Lines**

Aud: "I enjoyed hearing [your wife] Ramona last night on the program.

AB: "She has a very good radio voice." AB also indicates that Ramona and Evelyn Paglini are good friends. "We'll have them do a program together one of these days."

[What's more ... they already did!]

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